



STATE OF RHODE ISLAND

# Quarterly Outcomes Report - 2Q

Governor Carcieri's Health Care Agenda

## EXECUTIVE SUMMARY:

*The Directors' Health Care Group is the cabinet level, interagency workgroup advancing Governor Carcieri's health care agenda. The agenda covers five initiatives: Wellness, Balanced Health Care Delivery, Anytime, Anywhere Health Care Information, Smart State Purchasing and Affordable Health Insurance. This report summarizes quarterly progress in each of these initiatives as monitored by data-driven indicators.*

## HIGHLIGHT:

From Oct. – Dec. 2005, there were 13,548 queries to the KidsNet system. The Governor's Initiative for Anytime, Anywhere Health Care Information sets a goal to increase that number by 20%, hitting 16,935 by 2007.

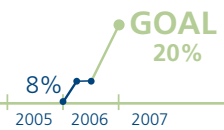
By Q2 2006, we have already exceeded the goal with 35,329 queries.



# The Wellness Initiative

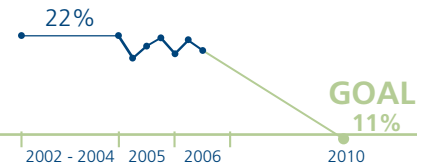
## ○ Worksite Wellness Coverage

8% of RI workers were employed in worksites that had been certified by the Wellness Council of America (WELCOA) as of Q4 2005. The target is to increase this percentage to 20% by 2007 and to make Rhode Island the first "Well State" in the country. Q2: 10.6% (data available in Q1 & Q3 only)



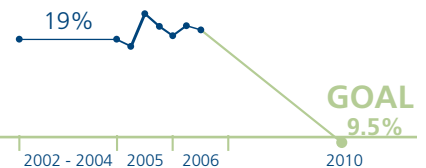
## ✓ Adult Smoking Rate

On average over the three-year period from 2002 to 2004, 22% of Rhode Island adults smoked cigarettes. By 2010, the Governor's Wellness Initiative will reduce the smoking rate to one-half that figure, or 11%. Q2: 19.1%



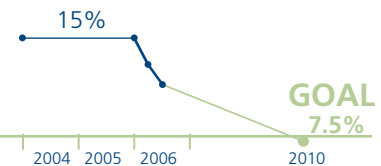
## ○ Adult Obesity Rate

On average over the three-year period from 2002 to 2004, 19% of Rhode Island adults were obese (Body Mass Index was greater than 30). By 2010, the Governor's Wellness Initiative will reduce the obesity rate to one-half that figure, or 9.5%. Q2: 21%



## ✓ Adult Safety Belt Use

During 2004, 15% of Rhode Island adults did not wear their safety belts during all or most of the time they were driving or riding in a car. By 2010, the Governor's Wellness Initiative will reduce the percentage of non-users to one-half that figure, or 7.5%. Q2: 9.9%



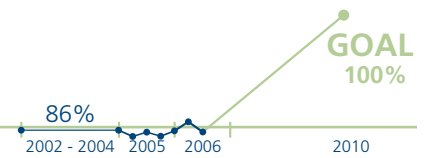
- indicates no progress or loss in progress for the quarter
- ✓ indicates forward progress for the quarter



# Balanced Health Care Delivery System

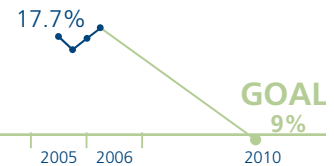
## Regular Source of Care

In 2004, 86% of Rhode Island adults reported that they had a regular source of medical care. By 2010, the Governor's Initiative for a Balanced Health Care Delivery System will increase that percentage to 100%. Q2: 85.2%



## Preventable Hospital Admissions

During the period April-June 2005, 17.7% of inpatient stays in hospitals in Rhode Island were for conditions that may indicate poor access to high quality ambulatory care. By 2010, the Governor's Initiative for a Balanced Health Care Delivery System will decrease that percentage to 9%. Q2: N/A



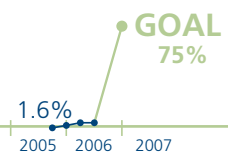
## Preventable Hospital ED Visits

During the period April-June 2005, X.X% of emergency room visits in hospitals in Rhode Island were for conditions that may indicate poor access to high quality ambulatory care. By 2010, the Governor's Initiative for a Balanced Health Care Delivery System will decrease that percentage to XX%.

# Anytime, Anywhere Health Information

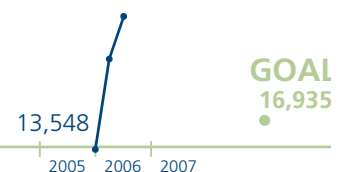
## Electronic Prescriptions

As of 8/05, 1.6% of all prescriptions for RI residents were completed electronically. By the end of 2007, the Governor's Initiative for Health Information Technology will increase that percentage to 75%. Q2: 4%



## KidsNet Queries

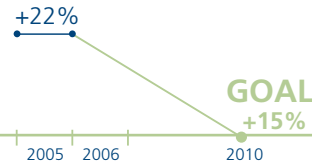
From Oct. – Dec. 2005, there were 13,548 queries to the KidsNet system. By the end of 2007, the Governor's Initiative for Health Information Technology will increase that number by 20% to 16,935. Q2: 35,329



# Smart Public Sector Purchasing

## Medicaid Costs for the Disabled

During state fiscal year (SFY) 2005, the costs per member per month for adults with disabilities enrolled in Medicaid were \$1,363, up 22% from SFY 2004. By 2010, the Governor's Initiative for Smart Public Sector Purchasing will stabilize annual cost increases at 15% per year or less. Q2: N/A



## Costs of Insurance for State Employees

During SFY 2006, the monthly rate for individual coverage for state employees was \$392 and for family coverage was \$1,098, both up 10% from SFY 2005. By 2010, the Governor's Initiative for Smart Public Sector Purchasing will stabilize annual increases in this rate at X% per year or less. Q2: N/A

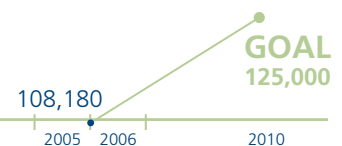
## Costs of Insurance for State Early Retirees

During SFY 2006, the monthly working rate for individual coverage for early retirees from state employment was \$716 and for family coverage \$1,991, both up 20% from SFY 2005. By 2010, the Governor's Initiative for Smart Public Sector Purchasing will stabilize annual increases in this rate at 12% per year or less. Q2: N/A

# Affordable Small Business Insurance

## Enrollment in Small Group Coverage

During the period October – December 2005, there were 108,180 persons covered by small group health insurance offered by Rhode Island insurers. The Governor's Initiative for Affordable Small Business Insurance will increase that number to 125,000 by 2010. Q2: N/A



# Appendix – Annual Indicators

*Some of the key indicators cannot be measured quarterly due to the nature of the data sources that are used to produce them. This Appendix presents the most recent information.*

## Youth Smoking Rate

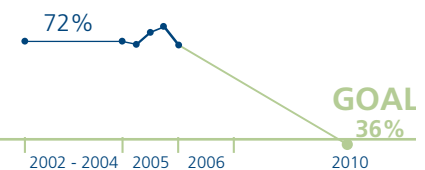
In 2003, 19% of high school students in grades 9 through 12 smoked cigarettes. By 2010, this percentage will be reduced to 9.5%. As of 2005, the smoking rate in this group had fallen to 16%.

## Youth Obesity Rate

In 2003, 10% of high school students in grades 9 through 12 were obese. By 2010, this percentage will be reduced to 5%. As of 2005, the obesity rate in this group had risen to 13%.

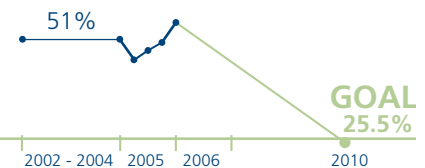
## Adult Inadequate Nutrition

Between 2002 to 2004, 72% of Rhode Island adults ate fewer than 5 servings of fruits and vegetables per day. By 2010, the Governor's Wellness Initiative will reduce the percentage with inadequate consumption of fruits and vegetables in their diets to one-half that figure, or 36%. 2005 Q4: 71.8%



## Youth Inadequate Nutrition

In 2003, 72% of high school students in grades 9 through 12 ate less than 5 servings of fruits and vegetables per day. By 2010, this percentage will be reduced to 36%. As of 2005, the percent eating too few fruits and vegetables in this group had risen to 75%.



## Adult Exercise Rate

During the period 2002-2004, 51% of Rhode Island adults did not exercise regularly at the weekly minimum level recommended by the U.S. Surgeon General. By 2010, the Governor's Wellness Initiative will reduce the percentage with inadequate exercise to one-half that figure, or 25.5%. 2005 Q4: 55.8%

